

# Angel Herald

VOLUME XXV • ISSUE 10

ATTIC ANGEL ASSOCIATION

APRIL 2013



*You are cordially invited*

*to the*

## ***Spring Luncheon and Annual Meeting***

*Monday, April 29, 2013*

*12:00 in the afternoon*

*Nakoma Golf Club*

*4145 Country Club Road, Madison WI*

***\*\*Please take advantage of valet parking\*\****

MENU: Individual vegetable quiche with fresh basil in a puff pastry crust, topped with parmesan cheese, served with a green salad tossed with balsamic vinaigrette dressing and a side of fresh fruit. Hand-passed rolls are also available and dessert features key lime pie. Lunch includes coffee, soda, tea and iced tea. Cash bar available.

RESERVATIONS DUE: Friday, April 19th - no refunds for cancellations after that date. PLEASE call in cancellations to 662-8900 to open up spots for those on the waiting list.

PLEASE BRING: A treasure/jewelry for the Attic Sale. (See article, page 4)

-----Spring Luncheon and Annual Meeting-----  
**Reservations due Friday, April 19.** Please make a \$21 check payable to Attic Angel Association. Send to: **Luncheon, Attic Angel Association, 640 Junction Road, Madison, WI 53717.**

Name (please print): \_\_\_\_\_ Angel Class year\* \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ (includes optional contribution of \$ \_\_\_\_\_ )

\_\_\_\_ I'm attending as a sponsor for \_\_\_\_\_

\_\_\_\_ I'm a current Association Board member.

\_\_\_\_ I have a food allergy which applies to the menu \_\_\_\_\_

\_\_\_\_ I need transportation assistance to the luncheon from Attic Angel Place.

\* We will attempt to seat Angel classes together unless otherwise specified. Table size is limited. Seating will be assigned on a first come, first serve basis. Sustainers! We will have a table just for you! If you'd like this option, please enter "Sustainers' table" for class year.

*If you are unable to print this RSVP, additional copies will be available in the Association office work room.*

## Assn. Board Highlights

By: Betty Brunner, Board Secretary

**March 18, 2013**

Kelly Rogers, Attic Angel Community Senior Living Consultant, was the guest speaker at this month's Board meeting. Her primary focus is working with the public and the wait list. Kelly works on filling every level of care except the Health Center. With the new expansion nearly finished, she is busy filling those units. Currently, the Household is full and the Haven is always full. As apartments become available, they are being renovated with quartz countertops and new flooring in the kitchen and bath areas, to make them more desirable. The only units available at Prairie Point are three units under construction and two re-lease units. Kelly frequently hears how the Attic Angel Community is highly regarded, and finds the biggest source of new resident referrals is the membership, which is greatly appreciated.

Other actions by the Board included:

- Accepting the recommendation of the Fund Allocation Committee to use surplus funds to raise community grants to \$48,573 to include Dane County CASA as well as the Children's Service Society of WI, and \$48,000 for Resident Aid.
- Approving permanent recognition for McKenzie Circle donor Phillipina Lankelma which will be accomplished through naming of the Rehab Therapy Center.
- Approving the appointments of the Chairs and their Assistants as recommended by the Nominating Committee.
- Approving the acceptance of three new members on the recommendation of the Membership committee.

The Board also discussed feedback from the Leadership Forum where the main topic was how to deal with the population shift among our residents and how our Angels serve them. A number of suggestions were made at the Forum and will need to be studied further to determine the best solution.

At the conclusion of the meeting, the Board was given a tour of one of the newly remodeled and upgraded apartments.



## Nominating Report

By Peg Jones, Nominating Chair

The Nominating Committee is pleased to announce that the following individuals have accepted nomination to open Board positions within the Attic Angel Community:

Association Board Nominees – Patty Schultz, Judy Winkel, and Cindy Zellers

Attic Angel Place Board Nominees – Nancy Killeen and Cindy Zellers

Attic Angel Prairie Point Board Nominees – Caroline Liedtke and Jean Mortenson

Attic Angel Place and Prairie Point Board nominees were elected by the Association Board at the January 21, 2013 Board Meeting. Association nominees will be presented to the full Association membership for election at the April 29, 2013 Annual Meeting.

2013-14 Operational Committee Chairs include:

Angel Herald - Mary Booth

Apartments – Judy Moriarty

Attic Angel Community Activities – Sue Bush

Building & Grounds – Renee Wulf

Community Grants – Mary Beth Schmalz

Education – Jean Mortenson

Haven – Lynne Jacobson & Nancy Porter

Health Center/ Households – Lynne Jeffris & Kathy Stockland

Intern Adviser – Lynn Hodges

Membership – Elaine Yankunas

Planned & Major Gifts – Barb Bryant

Planning & Outreach – Pat Carroll

Volunteer – Joanne Salzmann

Congratulations and special thanks to each of these Angels for accepting these leadership positions. Your time and commitment are gratefully appreciated!

## Website Improvements

By Jonelle Secard, Webmaster

Every so often, we find a way to improve the way we can serve Angels with our online capabilities. One such improvement has been a report "View My Activities" under Self-Schedule that tells you not only what your future time commitments are, but also the ones you made in the past. This can assist you with recording your hours. It is set up to only remember the current Angel year. Attic Sale commitments will also be part of this report.

# Mary Ann's Musings

By Mary Ann Drescher, President

National Exposure: Attic Angel's light is too bright for just local renown. We were included in the *US News and World Report* as one of the top nursing homes in the country, due to the Center for Medicare and Medicaid Services' five star rating program. We will also be featured in the national e-magazine *Business World Magazine* for our efforts to provide quality resident services, and we will be among a few projects featured for our expansion project at the national annual meeting of Fire Alarm and Life Safety Equipment Distributors in April. Thanks to our strong triad of residents, staff and volunteers; we have great news to share with the nation about how to "do it right"!

Long Term Care Occupancy Rates: According to the National Investment Center for the Senior Housing and Care Industry, occupancy rates are 89% in independent living settings; 89.1% in assisted living; and 88.1% in nursing facilities. These are increases over prior quarters, which is beneficial to the industry. At Attic Angel, our occupancy rates are 93% in independent living (Prairie Point); 93.4% in assisted living (Apartments, Households and Haven); and 88.8% in our nursing facility (Health Center). We have surpassed all these national averages due to the excellent coordination of efforts – admissions staff who call referral sources and provide effective tours, nursing staff who provide prompt assessments and the type of quality care that attracts new residents, maintenance and housekeeping staff who quickly refurbish units so they are ready for new residents, and of course marketing efforts of all the staff, residents and volunteers who provide such effective word-of-mouth advertising for the community. Go ahead, and give each other an appreciative pat on the back!

Sale of Land: In addition to the \$2.6 million the Association donated to Prairie Point to enable the development of our wonderful senior housing community, there have been monies loaned over the years, totaling \$1.9 million at this time. To help reduce this debt, Prairie Point has decided to sell the 2.7 acre parcel of land known as 8552 Elderberry Road to the Association. The land has been appraised at \$1.2 million, but because the responsibility to construct Elderberry Road-Phase 2 will be transferred with the land, the net value is \$700,000. By enacting this sale of land, it allows the Association greater balance with their investments, rather than having so much tied up in the loan; it allows Prairie Point to reduce the interest expense on the loan – as well as relieving it from the liability of the cost to construct the second phase of Elderberry Road. This also keeps the land asset "in the

family", so when Prairie Point is in a better financial position, it could purchase the land back and continue with the plans for senior apartments. This is a great example of a win / win situation between corporations. Congratulations to the Boards of each corporation for your vision and action!

Budgets Approved: The Association budget was approved with a cash deficit of \$59,839. The cause of the deficit is to assist Attic Angel Prairie Point, Inc. Prairie Point had agreed more than a decade ago to pay for the completion of Elderberry Road when we constructed either of the two apartment buildings planned as part of Phase 3. Our plans have run into numerous obstacles, not the least of which was the Great Recession, so Phase 3 apartments are not being considered at this time. The City of Madison, however, has determined that Elderberry Road is necessary now, and they will begin the first phase of completing that road within the next couple of months. Prairie Point does not have the financial capacity to pay for the road, even though the city is allowing us to pay it back over a 15 year period. Therefore, the Attic Angel Association has agreed to make the first yearly payment as a gift (approximately \$74,000), and will consider subsequent years' payments until Prairie Point has the financial wherewithal to fund it themselves. It should be noted there is a cash surplus for the 2012-13 fiscal year that will more than cover the deficit for next year.

The Attic Angel Place budget was approved with a rate increase of 3% for the Health Center, 3% for the Apartments, 2% for the Haven, and 2-4.3% for the Households. This was a difficult budget, with the addition of the 20 Household units, and having to make assumptions about the rate at which they would be occupied, staffed, etc. We are also providing new service packages for the Apartments, to increase the amount of care and services residents can receive in that area.

The Attic Angel Prairie Point budget was approved with new options of monthly fees and refund percentages for current and new residents. Offering these options allows residents to conserve current expenses, if that is a priority for them. The total budget has an overall net cash gain of \$11,932, (operating budget has a projected cash loss of \$110,124 and development budget has a projected cash gain of \$122,056).

Thanks to the diligent efforts of the Department Heads, notably Marcie Vaage and her Finance team, we have sound budgets that reflect our mission and priorities of providing excellent care while being good stewards of our resources!

## Education Program

By Julie DeWitt, Planning & Outreach Chair

**Education Program: Wednesday, April 10**

**9:00 Coffee and Conversation**

**9:30 Presentation**

**Speakers from The Goodman Community Center  
Community Room, Attic Angel Place**

Last month the Community Grants Committee announced that the Association will give \$15,000 to the Goodman Community Center to help fund pre-kindergarten programs designed to address the achievement gap. The Executive Director of the Center, Becky Steinhoff, along with the Development Director Rohan Barrett and the Program Director, Dondieneita Fleary-Simmons, will be the featured speakers at the Education Program on Wed., April 10, at 9:30.

Becky, Rohan and Dondieneita will give us an overview of the Center's mission and goals and tell us how our donation will help them achieve these goals. The presentation will include audio and video stories of people whose lives are impacted by services the Center provides. There will also be an opportunity to ask questions of our guests at the end of the talk.

Becky has been the Director of the Goodman Community Center since 1991. During her tenure the Center has grown from a budget of less than \$200,000 and 2.5 employees to its current annual operating budget of \$4 million and 60 employees!

We know how hard each Angel works helping members of our Attic Angel community and planning and hosting fundraisers. The Planning and Outreach Committee hopes you will attend this event to learn how our contributions to the Goodman Community Center help make Madison a better place to live.

## Continuing Education April 2013

Apr. 1 **Spring Break - no program**

Apr. 8 **"The World of Senior Tennis Activities & The Health Benefits from It"**  
John Powless, Director, John Powless Tennis Center

Apr. 15 **"Beautiful Days for Baseball: A Father/Son Tour of All 30 Major League Parks"**  
Harry Argue, Major Sports Enthusiast

## Attic Sale Update

By Connie Grogan, Attic Sale Steering Committee

It is hard to believe that the Attic Sale is just two and a half months away. The year is going by quickly and we continue to enjoy this great project. The packs have gone really well. You can join us this month on Tuesday, April 9, from 1-4 pm and Thursday, April 25, from 9 am-12N. The exciting news for this month is the addition of new shelving for storing Art in the Art room. A big thank you goes to Ray Sanna and to Norm Berven for building and installing a new wall of beautiful wooden shelving. Ray even made some of them adjustable for those extra large pieces. Pricing and storing should be much easier now. Come to one of the packs and see this wonderful new addition.

Once again we will be having a Pre-sale for Angels. It will be held on Thursday, June 13, from 10am-12N. The church will not be open prior to 10am on Thursday. Angels will need a ticket for admission. They will be able to make three purchases with a limit of one piece of furniture. Purchases can be made with cash or check and must be removed immediately after purchase. We ask that you employ your Angel honor and stick to these limitations in fairness to the Steering Committee and to your fellow Angels.

A few other reminders:

- Please do not bring any more hangers or clothing. Classic Clothing will be collecting items in the early fall. We have had a great response to our request for bags, the only size that we still need is extra large bags that can be used for large linens.
- Look for the online sign up for the Sale set up and the Sale this month. Get a head start with your 2013-14 Association hours and sign up for as many shifts as you are able to work. This is our biggest signature event of the year and we need and appreciate your participation.
- We could use more donations of jewelry, art and treasures. Think of the Sale when you do your spring cleaning. At the Spring Luncheon on April 29th, we will have a table in the hallway of Nakoma's clubhouse for donations of jewelry and treasures. See you there!

Apr. 22 **"Do Doctors Have a Professional Obligation to Control Health Care Spending?"**  
Margaret Schwarze, M.D., Ethicist & Associate Prof.,  
Dept. of Surgery, UW School of Medicine & Public Health

Apr. 29 **Association Annual Meeting - no program**



## Person(s) of Interest

By Lynne Jeffris, Attic Sale Linens Chair

### Attic Angel Attic Sale Linens Department

This will be the second year in a row that I have headed up the Linens department of the annual Attic Sale.

During my Intern year, I explored something called a 'pack'. It sounded like a wolf pack or a pack of cards to me. Naturally I was curious. My goodness! The first day I attended a 'pack', I discovered a flurry of activity in the main storage area in the basement of the Angel Offices. Lots going on, lots of folks doing lots of things. I wandered back into the linens area. It was relatively quiet, peaceful and out of the way. I felt I could learn a little more slowly about this section of the Sale, sort of take my time! In this section I discovered a large table area, stacked with all sorts of sheets, blankets, pillows, pillow cases, and towels. It seemed straightforward enough to fold and price rectangular things so I decided to try the linen department. Organization is something I enjoy. I began organizing! And I began folding, and I began pricing.

The first person I met was Flossie Griswold. Now Flossie is a force to be reckoned with. She knows all of the important things about linens. So



*Sandy Spengler '03 and Andrea Henrich '10*

Flossie became my teacher. We enjoyed many hours of cleaning when necessary, folding, pricing, and packing.



*Lynne Jeffris '09 and Flossie Griswold '91*

My next teacher was Sandy Spengler. She is not only an expert about vintage linens, something we receive a lot of, she is also a display and retail person extraordinaire. Sandy and Flossie can singlehandedly set up a space for the Sale and make it attractive as well as accessible. So, no way to fail with these two ladies. New Angels have braved the 'linen area'. The knowledge is being passed along.

Pricing is actually very precise. Condition effects the amounts asked for items and should be as consistent as we can make it. Such good bargains can be had in the linen department of the Sale. I am convinced that someone with a good eye could furnish their apartment or home with very nice, quality linens, at bargain prices.

Prized items to receive are christening gowns, handmade quilts, and bed sets which contain matching pillows, shams, dust ruffles, and sheets, and large fine linen table cloths. We do a good business with antique linens, delicate, hand-stitched handkerchiefs, aprons, and pillow cases.

Our major challenge is discovering the sizes of items brought to us. Sheets need to be categorized as twin, full or double, queen, king and something called a California king. Our job becomes much easier if those items come in labeled already. Flossie has taught me to look for a tag which saves time-consuming measuring, but labels are not always available or readable. **So please label the items you donate, if at all possible!** The newest challenge we have come across is that new mattresses can be much thicker. It's important to have the sizes marked.

So, keep the linens coming into us to sort, fold, price, and pack. We appreciate and enjoy the challenge.

## National Volunteer Week

By Kathy Schultz, Volunteer Coordinator

Attic Angel Place is always abuzz with the energy and enthusiasm of Angels sharing their hearts and time with our residents. Your commitment to providing meaningful and enjoyable activities is appreciated each and every day of the year by the residents, their families and staff. We take National Volunteer Week as a special opportunity to express to all of you just how much you are appreciated. There will be treats at the Association office each day during the week of April 22-26 along with a special surprise. Please be sure to stop by and enjoy.



*“Unselfish and noble actions are the most radiant pages in the biography of souls.”*

*~David Thomas*

## The Time is Near

By Cindy Zellers, Development Chair

The Attic Sale Committee has been busy working for months and now it's time for all of us to get involved. This year's Sale will be held at High Point Church on Friday, June 14, and Saturday, June 15. Our beneficiary this year will again be the Attic Angel Place Expansion Project. You are being asked to work at least one shift and are welcome to do more. Sale Prep work will be done on Tuesday, June 11, and Wednesday, June 12. The hours of the Sale will be from 8-4 on Friday and 8-1 on Saturday. Each day will have two work shifts. Friday's shifts will be from 7:45-12 and 11:45-4. Saturday's first shift will be from 7:45-1. The second shift, for clean-up only, will be from 12:45-close.

Attic Sale self-scheduling will be available on-line starting on Tuesday, April 9, so be sure to check in early to secure the spot you want. Of course you can always ask for help from the Association office staff for the scheduling process. Finally, watch for future articles that will give you more details about the Sale, tickets and a pre-sale for our volunteers.

## Bits of Humor

I feel like my body has gotten totally out of shape,  
So I got my doctor's permission to  
Join a fitness club and start exercising.  
I decided to take an aerobics class for seniors.  
I bent, twisted, gyrated, jumped up and down, and perspired  
for an hour. But,  
By the time I got my leotards on, The class was over.

A police car pulls up in front of grandma Bessie's house, and grandpa Morris gets out. The polite policeman explained that this elderly gentleman said that he was lost in the park and couldn't find his way home.

"Oh Morris," said grandma, "You've been going to that park for over 30 years! How could you get lost?"

Leaning close to grandma, so that the policeman couldn't hear, Morris whispered, "I wasn't lost. I was just too tired to walk home."

*For the Class of '07's St. Patrick's Day Class Party, resident Sybil Robinson (pictured) graciously agreed to read some Irish Blessings with the help of entertainer Diane Robinson.*



## Volunteer Extraordinaire

By Mary Jo Tierney, Volunteer Committee

Pat Bernhardt '82 is well-known to the Intern Classes from the past 20-25 years. She was invited to speak to the new Interns and share her enthusiasm at a meeting in the early 1990s, originally with Rita Reif '81, and has been invited back every year since then.



Pat has been an active member of Attic Angel since her Intern (probationary) year in 1982. She received her 30-year Halo Award last year. Her Intern Advisor, Jane McGinn ('75) was a role model and Pat credits her with instilling a strong sense of commitment to the Attic Angel Association and the residents of Attic Angel Place.

Pat fondly recalls the move of the residents from the facility on Segoe Road in Madison to the current facility on Old Sauk Road in Middleton. She reflected on how each resident was assigned an Angel to be their helper during the physical move and to get them oriented to their new surroundings. She hopes that Angels will share the same Angel Touch in making the current and new residents feel at home when they move into the new rooms of the expansion.

One of the main topics that Pat has been speaking to the Intern Classes about for the past 20-25 years is how vital the Interns are to the residents. Since their Intern year has traditionally been concentrated on volunteering in the Health Center/Households, the Interns are the Angels who know those residents closely. For a period in Angel history Interns were allowed to volunteer only in the HC/HH for five years.

While it is fun to "spread your wings" Pat reiterates her feeling that getting to know the residents and interacting with them should be a goal for all newer Angels. She recalls that her Intern Advisor, Jane McGinn, told Pat's class, "You know that the residents are here 365 days a year." This meant to her Interns that there were times when an additional shift of volunteering might mean the world to the resident she interacted with that day. It is so important that we don't respond to a request of a scheduler, in early fall, that, "I have all my hours." We need YOUR help whenever possible. Please call a scheduler if you want to arrange special times.

Pat has chaired the Medical Transport activity since its inception. She is a great model for all Angels and, hopefully, she will be asked to inspire the newly formed Class of 2013 next spring as their Intern year ends.

# By the Numbers - with a Cherry on Top!

## AAP Expansion News Flash #14

By Judy Brannstrom, Development Officer

The exterior of the new addition at Attic Angel Place has been wrapped in plastic for many months now. When the building is “unwrapped” this spring, you will see evidence of much creativity, innovation and insight. The new addition looks and feels right for Attic Angel Place right now.

This magic didn’t happen overnight. Attic Angel has been careful and responsible in undertaking this project to enhance and strengthen the continuum of care offered to residents. Beyond the “feel good” aspects of the project, it’s reassuring to look again at the expansion through the lens of the numbers and demographics that undergird the project and underscore its need.

1. By 2020 there will be 55 million people over age 65 in the U.S., with 6.5 million of them over age 85. Hence our forward planning to meet the needs and preferences of this changing demographic.
2. Ten thousand new Baby Boomers turn 65 each day; they are living longer and gravitating toward facilities that support more active lifestyles. Hence our expanded and remodeled activity and wellness/fitness spaces.
3. The number of orthopedic/ joint replacement surgeries is on the rise in the population we serve. On average, 30% of our Health Center residents are admitted for short-term rehab stays (a dramatic increase since Attic Angel Place first opened in 2000). Of these, only 15 to 20% are current residents. The remaining 80-85% come in from the greater Dane County area. Their rehab therapy needs are intense while they are with us and they often return as outpatients to use our rehab facilities. In the past year, we had nearly 150 “healthy discharges” from our 44-bed Health Center, with 80% of these returning to the outside community. Hence our new rehab therapy unit to accommodate increasing demand for these services and to provide convenient drive-up access for outpatient therapy visits.
4. In a recent 4-month period, 33 prospective rehab residents were unable to be served in the Health Center because we could not provide them with private rooms. Private rooms can serve those with infection control issues as well as those who otherwise require a private room for receiving cares and maintaining dignity. Unfilled double rooms mean lost revenue. Hence our transition to all private rooms to provide outstanding personal care and services.
5. Demand for nursing home beds is declining nationwide, and Wisconsin is not granting additional nursing home bed licenses. (Attic Angel will maintain its 44-bed

license in the nursing home/ Health Center.) At the same time, seniors are looking for cost-effective, aging-in-place assisted living solutions that allow them to be proactive in their own healthcare. Hence our addition of 20 new assisted living units to provide additional capacity for this popular level of care.

6. By 2025, the number of people age 65 and older with Alzheimer’s disease is estimated to reach 6.7 million nationwide – that’s a 30 percent increase from the 5.2 million age 65 and older currently affected. Hence we are redesigning and repurposing Attic Angel Place with maximum flexibility to allow future reconfiguration of the new assisted living units, currently licensed as a Residential Care Apartment Complex (RCAC), into a licensed Community Based Residential Facility (CBRF) if our needs for dementia care increase.

Imagine all of these statistics in a parfait glass – a sort of numerical spumoni ice cream. Now top off the parfait with a dollop of whipped cream, that being the tradition of the Attic Angel Touch, the notion that quality of care and quality of life are inseparable and that we will always do our very best to provide outstanding care in fulfillment of the Attic Angel mission to serve older adults.

So what’s the cherry on top? It’s the donors who are lending their financial support to this project. Our \$1.5 million capital campaign for the Attic Angel Place Expansion Project has surpassed \$1 million. The campaign is running concurrently with the construction project. We’re racing to the finish line. You can help with a single gift or a three-year pledge. We’re all going to be very proud of this project. Won’t you join us?

## AAP April Birthdays

### Apts.

Apr 7 Mrs. Louise Greenlaw  
 Apr 7 Mr. Herbert Roth  
 Apr 8 Mrs. Ethel Will  
 Apr 14 Mr. John Palmer  
 Apr 17 Barbara Johnsen  
 Apr 17 Mr Maurice Kiley  
 Apr 19 Helen Roddick  
 Apr 27 Mrs. Mildred Peterson

### Health Center

Apr 5 Kathleen Harty  
 Apr 6 Mrs. Marjorie Golden  
 Apr 6 Mrs. Mary Varsos

### Households

Apr 21 Mildred Shain

## Contributions ~ February 2013

### AAP

Estate of E.M. Mike Foster  
Roth Schleck

### AAP Expansion Project

Pat & Peg Luby  
Sybil Robinson  
Sarellen Schuh

### **In memory of Jim Cowie, father of Linda Taylor '01**

Dorothy Traisman

### **In memory of Barbara G. Dewey, wife of Richard Dewey**

Marilynn G. Thompson

### **In memory of E. M. "Mike" Foster**

Barb Tensfeldt

### Association

Community Change

### **Gift to enhance the 2013-14 Angel Herald budget to accommodate 10-page issues**

Anonymous

### **In honor of Attic Angel Association and Attic Angel Place staff members**

Cindy Zellers

### **In memory of Keith Brink, husband of Arlene Brink '86**

Jonelle Secard

### **In memory of Betty J. Girens**

Anthony & Katherine Mathe  
Nancy Stern  
Carl & Eunice Wolff

### **In memory of R. Mayo Hodges, mother of Lynn Hodges '90**

Glenda Lindsay  
Mary Lou Rashke  
Jonelle Secard, Greg Davis & Paco  
Dale Wortley

### **In memory of Jean McCormick '71**

Bill & Mauretta Mattison

### Resident Aid

Georgia Greist

### **In honor of Pat Bernhardt '82**

Sandy & Marcie Mackman

### **In memory of Frances Crumpton '58**

Shirley Dieter  
Patricia McClure

### **In memory of Walter Deterding**

John & Mary Anderson  
Kathleen Cahill  
Anthony & Karen Cwynar  
H. Roland Deterding  
Martha Deterding  
Mark & Kim Deterding  
Grace Bible Fellowship  
Jennifer Hoepfner

### Resident Aid (cont.)

#### **In memory of Betty Girens**

Annette Skolnick

#### **In memory of R. Mayo Hodges**

Lottie Frank  
Mary Beth Schmalz  
Harold & Mary Stitgen

#### **In memory of Martha H. Jordan**

Claire Levine

#### **In memory of Sue Schmalz, mother of Mary Beth Schmalz '90**

Harold & Mary Stitgen

## Sneak Peek

By Jonelle Secard, Executive Assistant

Last issue, we asked you to Save the Date of Thursday, April 4, to get a Sneak Peek at our brand new Attic Angel Place Expansion. Here are more details:

- Come to the new walkway on the first floor, past the Health Center Activity room, and journey across the courtyard connector to the new building.
- There will be a short program at 10 a.m. in the new spaces on the first floor.
- Tours will follow to the new upper floors of the Households.
- Angel and staff guides will be present at different stations to guide you along, give you information and answer questions.
- Refreshments will be served in multiple areas.
- This preview is for Attic Angel Community members and invited guests only, although your family members are welcome to accompany you.

We look forward to seeing all of you as we celebrate our new spaces!

## Editor's Note

By Mary Booth, Editor

It's really a joy to be Editor of the *Herald*. The Angels and staff that contribute are so talented and helpful. The articles they provide give news and information to everyone. An added benefit to being Editor is that there is a closer view of the inner workings of Attic Angel and a chance to write, edit, and take pictures – a different sort of involvement.

When Angels are involved in special programs, it helps if they take some pictures of the events. We love to have pictures! There may not be room in a particular issue, but we do keep them on file, so send them to Jonelle or to me – don't wait to be asked!

Thank you to all the helpful, extraordinary Angels and to Jonelle, my co-editor. It couldn't be done without you.

## A Feather in Your Wing to:

**Mary Holt '79** for jumping in to cover several extra shifts in the Cafe in March. Your positive spirit is appreciated by all.

**Those Angels who braved the roads during our snowiest day in March.** We always want Angels to be safe and we appreciate those who did travel safely to provide many of the scheduled activities.

**Connie Grogan '02, Claudia Brown '10, Nancy Doll '04, Barbara Berven '10 and Joanne Salzmann**

**'06** for agreeing to chair the 125th anniversary year-long celebration in 2014!





## Studio News

By Emily Wellentin, Art Program Coordinator

### New Altar Cloths

If you volunteer or attend Communion at Attic Angel Place, you may notice the new and beautiful altar cloths woven in our very own Studio by resident Louise Greenlaw (*right*). Louise has donated a purple cloth for Lent and a blue cloth for Advent. She is planning on completing the set with a red cloth for Holy Week, a white cloth for Christmas and Easter and a green cloth for regular days of worship. Each cloth is six feet in length and features two tones of liturgical color with gold ribs at each side. Thank you, Louise, for your time and consideration put into each cloth!



### Studio Angel Opportunities

Please consider the Studio in your gift of volunteer hours. The Studio has one of the highest needs of all Angel programs, needing four Angels 9:30-11:30 Monday-Thursday each week. Over the course of each year, over 1,000 Studio opportunities are available to Angels and about twice those numbers of residents are served because of Angel generosity. Please consider giving some of your time to the Studio over the 2013-2014 year. Thank you to all who support the Studio through the gift of time!

### Studio Classes

These Angel trainings are open to any Angel interested in brushing up her Studio knowledge or just interested in meeting new Angel friends and spending a fun morning in the Studio. Classes are held the last Friday of the month 9-11 am in the Attic Angel Place Studio. Contact me at 662-8859 or [emily.wellentin@atticangel.org](mailto:emily.wellentin@atticangel.org) to sign up for a class.

**April 26-** Weaving: How to warp Studio looms

### Prayer Shawls

Wondering what to knit or crochet next? Make a Prayer Shawl for an Attic Angel resident! Shawls are simple and fun to make. Use yarn and a pattern from the Studio to create a loving testament of the Attic Angel Touch. All shawls made go in-house to our residents as a symbol of our support of their well-being. Contact me for more information.

## Policy Report 2012-13

By Karen Perzentka, Policy Chair

Each year the Policy Committee is charged with reviewing the Bylaws and/or Policies for all three corporations and making any recommendations of revisions, deletions or additions to the respective Boards.

The committee made a few small changes to the Policy Statements for the Association to improve clarity of their meaning. One major addition was to the Legacy section in which a description and history of the McKenzie Circle and the Mahoney Society were recommended.

A sub-group of the committee continued their work to align all three Attic Angel Corporation Bylaws. Sections were moved, wording was changed and clarifications were made which should make it easier to locate material in each document. I'd like to thank Carmen Skilton, Josie Pollock and Jan Von Haden for their work and time spent reviewing these documents. Jonelle and Carmen spent many hours to complete this most arduous of tasks. There will be much material to read but most is self-explanatory.

You will receive the changes in Bylaws and your proxy letter soon with all the revisions but I would highlight a few additions: In Article VII Committees of the Board of Directors, Classic Clothing Sale was inserted. This will become a signature event next year. Under Section 7.13 Membership, Assistant Intern Advisor was added to the list of those automatically appointed to this committee.

We continue to improve these important documents to keep our Community running efficiently.

## Activities Calendar

By Tricia Nicoll, Director of Activities

You have probably used your membership directory a hundred times to check on the day of the week or start time of an activity. Did you know that this information is also available on the website? An Activity Calendar quick-reference guide was created so that you can easily see which activities are happening throughout the month. This guide also provides you the Angel time commitment and which residents you'll be working with. You can find the calendar under Schedules and Calendars in the Member Entrance.

Please feel free to call or email me, 662-8823 or [tricia.nicoll@atticangel.org](mailto:tricia.nicoll@atticangel.org), with any questions. Thanks!



**ATTIC ANGEL  
ASSOCIATION**  
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## Yearly Event Calendar

May 15	Olbrich Gardens Education Breakfast & Program
June 14-15	Attic Sale, High Point Church
Aug. 21	Past Chair/President Brunch
Oct. 1	Fall Luncheon/Silent Auction
Oct. 9-10	Classic Clothing Sale
Oct 16, 17, 24	Fall Association Updates
Nov. 14-15	Holidays Galore & More

## **In Memoriam**

Mrs. Martha Snyder, AAP  
Tom Raemisch, husband of Rosanne Raemisch '91  
Mike Merkt, brother of Claire Merkt, Director  
of Marketing  
Jan Tollund Gay '01



*Jo Jean Janus '01 and Barbara Mittlestaedt Berven '10 lead residents in a Mardi Gras parade in the Community Room.*

## **April Events Calendar**

- 1** New Schedules online  
2013-14 year
- 2** Spring Election  
Association Office
- 4** Sneak Peek - AAP Expansion  
10 a.m.  
New spaces past the HC
- 9** Attic Sale Scheduling Opens  
Online or call the office
- 10** Education Program  
9 a.m. Social 9:30 Program  
Community Room
- 15** Association Dues Deadline
- 22** Entrance/Exit Interviews  
Operational Chairs
- 23** Association small conference rm.
- 29** Spring Luncheon/Annual Meeting  
12 noon  
Nakoma Golf Club

# Angel Herald

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